

# ⚡ Caffeine-Free Energy

Gusto that you can feel good about.

Caffeine dehydrates the body, which significantly limits your ability to use your voice. But sometimes life can be tiring, and we need a boost of energy that usually only caffeine can provide.

While small amounts of caffeine are not wildly detrimental, it's good to have some caffeine-free tricks up your sleeve!

**TIER 1**  
**\$55**

## XS Energy Drink

*Caffeine-Free Flavors*



- Made with natural ingredients, B Vitamins, and herb blend
- Developed by doctors for a more natural source of energy
- No added sugar = no sugar crash
- Cranberry-Grape or Mango Pineapple Guava Flavor
- Comes in a case of 12



## Vitamin B Dual Action

*8 Essential B Vitamins*

- Dual-action tablet quickly releases vitamins B2 and B12 from one side, while the remaining six B vitamins are steadily released over an eight hour period from the other side
- Helps to fight fatigue
- NSF, Halal, and Kosher Certified

**TIER 2**  
**\$95**

**EVERYTHING FROM  
TIER 1 PLUS:**

## 30 minute Consult Call

*Personalized tips and recommendations*

## Green Superfood Powder

*Organic blend of 10 green superfoods for natural energy*

- Energy Support Blend: Spirulina and chlorella
- Green Veggie Blend: Spinach, broccoli, kale, parsley, and collard greens powders
- Grass Blend: Barley Grass and alfalfa grass powders
- Digestive Health Blend: Jerusalem artichoke inulin and moringa leaf powder
- USDA Organic, Non-GMO Verified, NSF Certified



## **DID YOU KNOW?**

Caffeine not only creates tension in your vocal cords, but it also can cause acid reflux, which can create additional swelling.

*Artist Life*  
Vocal Health Consulting